

MOMs+ Resources for Meeting Best Practice Recommendations

1. PREVENTION & IDENTIFICATION

Provide overdose awareness and prevention education to all pregnant and postpartum patients and families.	<input type="checkbox"/> Provide patient-facing educational material: Preventing Overdose in People Who Inject Substances Overdose and Naloxone Information <input type="checkbox"/> Provide CO's CURE Guidelines to clinicians Hospital Overdose Education & Naloxone Distribution
Provide education to all pregnant and postpartum patients who receive a new opioid prescription about risks, potential for dependence and use disorder, safe storage and disposal.	<input type="checkbox"/> Provide patient-facing educational material: Prescription Opioids: What You Need to Know <input type="checkbox"/> Provide CO's CURE Guidelines to clinicians Your Medications: Safe Storage and Disposal <input type="checkbox"/> Provide CO's CURE Guidelines to clinicians Opioid Prescribing and Treatment Guidelines
Universal Screening for all patients	<input type="checkbox"/> Join CO AIM:SUD

2. DESTIGMATIZATION

Engage with pregnant and postpartum patients in the community to seek care at the hospital.	<input type="checkbox"/> Connect with Peer Organizations and Community Partners (Resources provided by HardBeauty)
Engage community partners in destigmatization efforts.	<input type="checkbox"/> Share Stigma & Bias Training video with community partners <input type="checkbox"/> Share Stigma & Bias Training powerpoint with community partners <input type="checkbox"/> Share Dying for Care Video with community partners

<p>Train all staff on stigma and bias.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Require Stigma & Bias Training for clinical staff (providers, nursing, pharmacy and consult staff): Stigma & Bias Training powerpoint Stigma & Bias video
<p>Educate all obstetrical patients with OUD/SUD that it is a treatable, chronic disease.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Require Treatment & Recovery training for clinical staff (providers, nursing, pharmacy and consult staff): Treatment & Recovery Training powerpoint Treatment of SUD Training video Caring for Perinatal People with SUD <input type="checkbox"/> Place posters in patient care areas to bring awareness to the hospital and health system's substance use disorder services and naloxone distribution
<p>Utilize staff scripting to ensure person-first language is being utilized.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Provide scripting tool to clinical staff <input type="checkbox"/> Provide conversation guides to clinical staff: Talking to Moms: A 5-Step Guide to Successful Conversations

3. HARM REDUCTION

<p>Increase staff training and improve communication surrounding Sexually Transmitted Infections (STI's). Treat or refer all patients with an STI, and provide counseling on treatment and prevention.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Provide CDC Screening Guidelines
<p>Provide staff education on Colorado's regulations and laws pertaining to naloxone distribution and Good Samaritan reporting of overdose.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Provide Key Colorado Legislation to clinicians <input type="checkbox"/> Provide Colorado Public Health Harm Reduction Legislation to clinicians (including 911 Good Samaritan Law)

<p>Prescribe or directly dispense/distribute naloxone to all pregnant and postpartum patients who inject or use substances, chronically take opioids or receive a new opioid prescription.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Stock naloxone for in hospital use <input type="checkbox"/> Stock naloxone take-home kits in ADMs and conduct staff training using MOMs Toolkit
<p>Provide education to staff on legal and illegal psychoactive substances.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Provide clinicians with Drugs of Abuse, a DEA Resource Guide (pages 45-105)
<p>Provide education to staff on safe injection practices.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Provide clinicians with CDC Safe Injection Practices guide <input type="checkbox"/> Provide patient-facing MOMs+ Guide to Naloxone for People Who Inject Substances (safe injection practices on pages 5 & 6)
<p>Provide education to staff on reduction of harm associated with sex work.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Provide clinicians with the National Harm Reduction Coalition Resources on Sex Work
<p>Create auto-reflex EMR alerts to prompt orders for take-home naloxone for patients meeting eligibility criteria.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Provide MOMs Take-Home Naloxone Kits Dispensing Guide for eligibility criteria to utilize in EMR build
<p>Provide patient handouts on overdose education, naloxone and opioid safety, through EMR integration with discharge paperwork.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Provide patient-facing education for integration with discharge paperwork: <ul style="list-style-type: none"> Guide to Your Take-Home Naloxone Kit- English Guide to Your Take-Home Naloxone Kit- Spanish Narcan Quick Start Guide- English Narcan Quick Start Guide- Spanish Overdose and Naloxone Information for Patients Opioid Use Disorder- Facts & Treatment Safe Storage and Disposal of Medications Risks of Opioids Preventing Overdose in People Who Inject Substances
<p>Provide education to staff on OUD and SUDs to increase comfort counseling patients.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Provide Tough Moms Carry Naloxone video <input type="checkbox"/> Provide mandatory harm reduction and naloxone training to staff:

[Harm Reduction and Naloxone Training](#) powerpoint
[Harm Reduction and Naloxone Training video](#)

4. TREATMENT

Increase clinician comfort with prescribing SUD treatment and provide education on Methadone, Buprenorphine and Naltrexone.

- Provide mandatory treatment and recovery training to staff:
 - [Treatment & Recovery powerpoint](#)
 - [Treatment of SUD video](#)
 - [Caring for Perinatal People with SUD video](#)

Develop perinatal-specific substance use guidelines and order sets, and integrate within the EMR.

- Medications for Opioid Use Disorder (MOUD) Order Sets
 - [MOMs+ Methadone Inpatient OB Order Set](#)
 - [MOMs+ Buprenorphine Inpatient OB Order Set](#)
 - [MOMs+ Inpatient OB Comfort Order Set](#)
 - [MOMs+ Buprenorphine Outpatient OB Low Dose Induction Quick Start](#)
 - [MOMs+ Buprenorphine Outpatient OB Standard Induction Quick Start](#)
- Medications for other Substance Use Disorders (SUD) Order Sets
 - [MOMs+ Stimulant Withdrawal Inpatient OB Order Set](#)
 - [MOMs+ Alcohol Withdrawal Inpatient OB Order Set](#)
- Order Set Resources
 - [MOMs+ Methadone Dosing Considerations](#)
 - [MOMs+ Order Set Resources](#)
 - [Subjective Opioid Withdrawal Scale \(SOWS\)](#)
 - [MOMs+ Buprenorphine Micro-Induction Guide](#)

	<ul style="list-style-type: none"> • MOMs+ Legal and Regulatory Considerations for Hospital Treatment of OUD
Begin MOUD within birthing center.	<input type="checkbox"/> Provide Medications for Opioid Use Disorder (MOUD) Order Sets <ul style="list-style-type: none"> • MOMs+ Methadone Inpatient OB Order Set • MOMs+ Buprenorphine Inpatient OB Order Set
Maintain patients on home regimen of MOUD while admitted to the hospital.	<input type="checkbox"/> Stock recommended SUD treatment medications: Buprenorphine Methadone
Educate staff on Neonatal Opioid Withdrawal Syndrome (NOWS), and empower them to counsel patients on this.	<input type="checkbox"/> Provide American Academy of Pediatrics resources on Neonatal Opioid Withdrawal Syndrome (NOWS) <input type="checkbox"/> Provide NOWS Patient Information Guide <input type="checkbox"/> Provide NOWS Group Counseling Billing Guide
Encourage patients on stable regimens of MOUD to breastfeed.	<input type="checkbox"/> Provide JOGNN recommendations on breastfeeding while on treatment for SUDs
Establish relationships with community partners who offer MOUD treatment, to facilitate “warm hand-offs” at discharge.	<input type="checkbox"/> Link to community partner list on MOMs+ site
Offer addiction medicine consultation or referral to every obstetrical patient with a SUD.	<input type="checkbox"/> Link to community partner list on MOMs+ site
Expand availability of peers to perinatal patients.	<input type="checkbox"/> HardBeauty referral
Develop comprehensive treatment planning to meet the specific needs of the maternal-infant dyad.	<input type="checkbox"/> Link to Plans of Safe Care (PoSC) resources - (CDHS & Illuminate) <input type="checkbox"/> Link to PoSC Best Practice Recommendations and 1-pager (SuPPoRT Colorado)

<p>Provide medications for comfort to patients declining MOUD, and develop corresponding order set built within the EMR.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Provide Medications for Opioid Use Disorder (MOUD) Order Sets <ul style="list-style-type: none"> • MOMs+ Inpatient OB Comfort Order Set
<p>Provide treatment for stimulant use disorder, and develop corresponding order sets built within the EMR.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Provide Medications for other Substance Use Disorders (SUD) Order Sets <ul style="list-style-type: none"> • MOMs+ Stimulant Withdrawal Inpatient OB Order Set
<p>Provide treatment for alcohol use disorder, and develop corresponding order sets built within the EMR.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Provide Medications for other Substance Use Disorders (SUD) Order Sets <ul style="list-style-type: none"> • MOMs+ Alcohol Withdrawal Inpatient OB Order Set
<p>Incorporate medication-specific handouts on MOUD and adjunct treatments as part of automatically generated discharge paperwork.</p>	<ul style="list-style-type: none"> • Provide patient facing handouts for integration with discharge paperwork: <ul style="list-style-type: none"> Methadone- English Methadone- Spanish Buprenorphine- English Buprenorphine- Spanish Naltrexone- English Naltrexone- Spanish
<p>Increase patient awareness of services and provide meaningful education on SUD and treatment, tailored to patients native language.</p>	<ul style="list-style-type: none"> • Posters • Patient-facing educational handouts (english & spanish) <ul style="list-style-type: none"> Guide to Your Take-Home Naloxone Kit- English Guide to Your Take-Home Naloxone Kit- Spanish Narcan Quick Start Guide- English Narcan Quick Start Guide- Spanish Overdose and Naloxone Information for Patients Opioid Use Disorder- Facts & Treatment Safe Storage and Disposal of Medications Risks of Opioids Preventing Overdose in People Who Inject Substances • Patient-facing electronic resources:

	Naloxone How-To Videos (English and Spanish) Naloxone Facts Video Sobriety Smartphone Apps NIH Video on Medications for Opioid Use Disorder
<p>Stock all medications for SUDs within automated dispensing machines of OB/L&D units.</p>	<ul style="list-style-type: none"> ● Provide list of recommended SUD treatment medications: Buprenorphine and/or Methadone Naltrexone Lorazepam ● Provide list of recommended adjunct medications: Acetaminophen Clonidine Hydroxyzine Ondansetron Dicyclomine Trazodone Gabapentin Promethazine Mirtazapine Ibuprofen ● Provide list of recommended full opioid agonists: Morphine ER Hydromorphone IR Oxycodone IR

5. COMMUNITY REFERRAL & REPORTING

<p>Provide comprehensive staff education on the new Statewide Toxicology Guidelines. Update policies and procedures to mirror guidelines.</p>	<input type="checkbox"/> Provide mandatory clinician education on the new Statewide Toxicology Guidelines Toxicology Guidelines Training powerpoint
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	<p>Toxicology Guidelines training video</p> <ul style="list-style-type: none"> <input type="checkbox"/> Provide Toxicology & Reporting Guidelines Handout <input type="checkbox"/> Provide SuPPoRT Colorado Indications for Toxicology Testing in Colorado Birthing Facilities Executive Summary <input type="checkbox"/> Provide SuPPoRT Colorado Indications for Toxicology Testing full guidelines
<p>Create a reference of community resources and SUD providers for referral at discharge, including referral to medically supervised ASAM 3.7 level of care withdrawal management services.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Opioid Treatment Providers (OTP): ARTS, Denver Recovery Group (DRG) <input type="checkbox"/> Office Based Opioid Treatment (OBOT): Front Range Clinic, STRIDE <input type="checkbox"/> Residential Treatment: Aspen Miracle Center, Reflections for Women, New Directions for Families, New Beginnings Recovery Center <input type="checkbox"/> 3.7 Withdrawal Management ("Medical Detox") - West Pines <input type="checkbox"/> Link to MOMs+ Community Partners Map
<p>Develop a process for setting up SUD follow up appointments for patients (within 5-7 days for buprenorphine discharge, and within 24 hours for methadone discharge). Designate specific staff to be responsible. Include a process for after-hours discharges.</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Connect with MOMs+ Community Partners to facilitate "warm handoffs"