

NOWS Group Counseling Sessions

Health First Colorado covers group and individual counseling sessions for SUDs. While the subject matter specifically being discussed is NOWS, this can reasonably take place within an "SUD Group Counseling" session.

Billing:

- Billable in one hour increments, between 1-3 hours daily
- Health First Colorado code: H0005
- Modified: HF

Substance Use Disorder Procedure Code Table

Service	Code	Unit	Unit amount/frequency	Modifier required	RAE Covered
Alcohol/drug assessment	H0001	Untimed	1 unit per day	HF	Yes
Individual/family counseling and therapy	H0004	15 minute	8 units per day	HF	Yes
Group counseling and therapy	H0005	One (1) hour	3 units per day	HF	Yes
Targeted case management	H0006	15 minute	4 units per day	HF	Yes
Clinically Managed Residential Withdrawal Management	H0010	Full per-diem	1 unit maximum per day.	HF	Yes
Alcohol/drug screening counseling	S9445	Untimed	1 unit per day	HF	Yes
Medication Assisted Treatment: administration, acquisition, and dispensing of Methadone	H0020	Untimed	1 unit per day	HF	Yes

Group therapy refers to therapeutic substance use disorder counseling and treatment services, administered through groups of people who have similar needs, such as progression of disease, stage of recovery, and readiness for change.

- 1. Group therapy must include more than one patient.
- 2. A session of group therapy may last up to three hours and is billed in units of one hour each (e.g., a three-hour group session would consist of three units).
- 3. A unit of service may be billed separately for each client participating in the group therapy session.

For more information, please visit: <u>Health First Colorado</u>